

# GLOBAL HEALTH STARTER KIT FOR DENTAL EDUCATION

#### **Module 6: Environmental Health**

#### Authors:

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### Competencies:

- 1.2.3 Identify and describe reciprocal links among oral diseases, systemic diseases, and general health.
- 2.1.7 Educate, counsel, recognize, and act on the links between oral health/disease and systemic health/disease.
- 2.3.4 Translate research data into meaningful information tailored for communication and advocacy with specific target audiences.
- 2.4.1 Identify and assess the range of global oral health research questions.



## Learning Objectives

By the end of this module, students should be able to do the following:

- Define key terms related to environmental health, environmental justice, climate change, the concept of One Health.
- Explain the environmental health pathway and how some ill-health can be attributable to environmental factors.
- Describe ways in which oral healthcare personnel might adversely impact environmental health.

### Introduction

"Humanity is waging war on nature. This is senseless and suicidal. The consequences of our recklessness are already apparent in human suffering, towering economic losses and the accelerating erosion of life on Earth."

António Guterres Secretary-General of the United Nations February 19, 2021

United Nations Environment Programme (2021). Making Peace with Nature: A scientific blueprint to tackle the climate, biodiversity and pollution emergencies. Nairobi. https://www.unep.org/resources/making-peacenature

INTRODUCTION TO ENVIRONMENTAL HEALTH

### Highlights in History Environmental Health

#### **Paracelsus**



The dose makes the poison (1500's) John Snow



Mapped the London cholera outbreak (1854) Rachel Carson



Published "Silent Spring" on pesticides and health (1962)

### Key Definitions of "Health"



**Health:** state of complete physical, mental, and social well being

**Public Health:** prevent disease and promote health among the whole population

**Environmental Health:** all aspects of human health that are determined factors in the environment

### Key Definitions of "Health"



#### **Global Oral Health**

"... oral health for all people ... approaches that consider common determinants . . . and acknowledge oral health as part of overall health."

Seymour, et al., 2020

## Key Definitions of "Environment"

**Environment** 

**A.** Any substance that renders the natural environment unsuitable

**Ecosystem** 

B. All components of Earth

**Pollution** 

**C.** The introduction of natural or anthropogenic contaminants into a natural environment

**Pollutants** 

**D.** Comprises all the living and non-living things in a certain area

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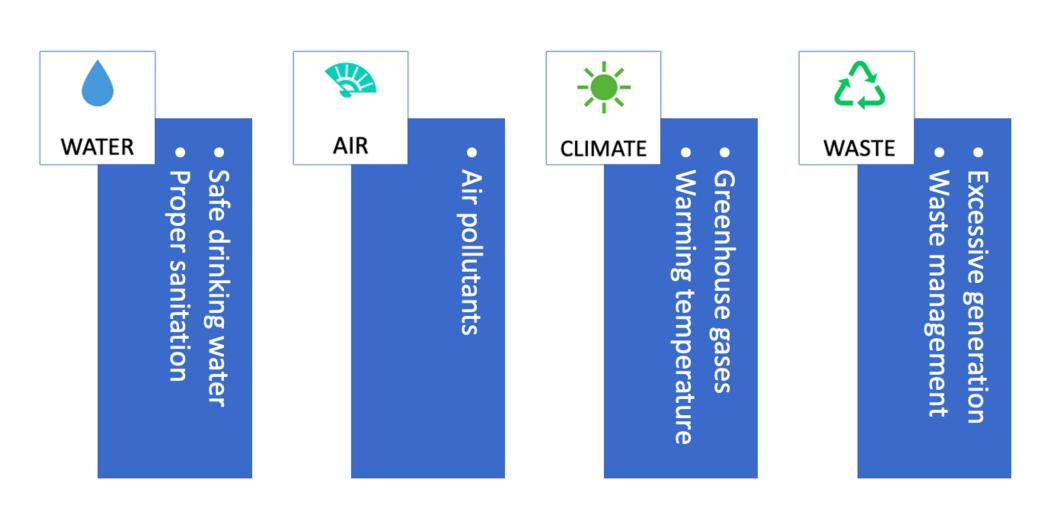
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### Significant Environmental Concerns



### Bethel, Alaska



Residents noticed altered salmon migratory patterns



Residents add sweeteners to water that is undrinkable due to taste/odor



Bethel has doubled rate of cavities in children

### **Fluoride**

#### **PROS**

- Right amount is Helpful
- Reduces decay 25%
- Top 10 of 20<sup>th</sup> c.
- Assumes community trusts and enjoys the water

#### **CONS**

- Too much is Harmful
- Causes brown stains
- Can occur naturally in groundwater wells



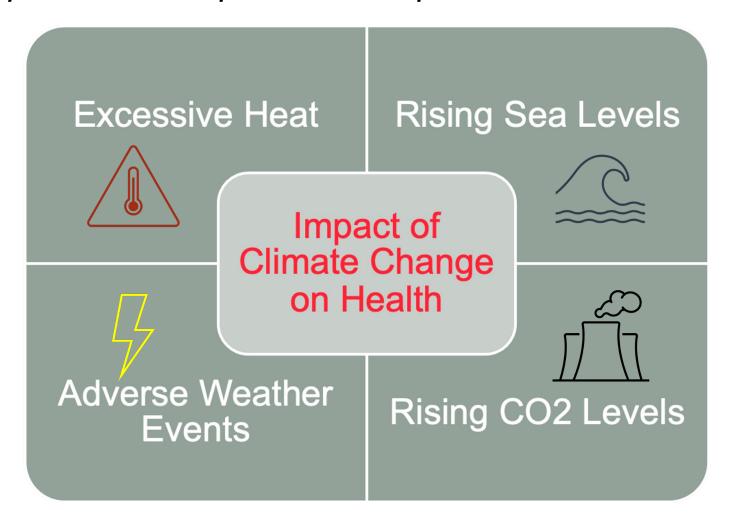


What Environmental Drivers Affect Our

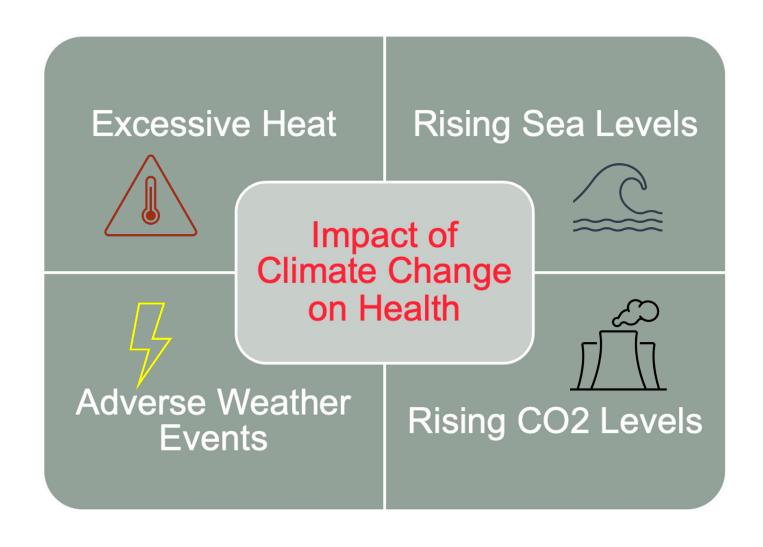
Health? Our Health Climate Change Emerging Infectious Env. Exposure Diseases **Equity** 

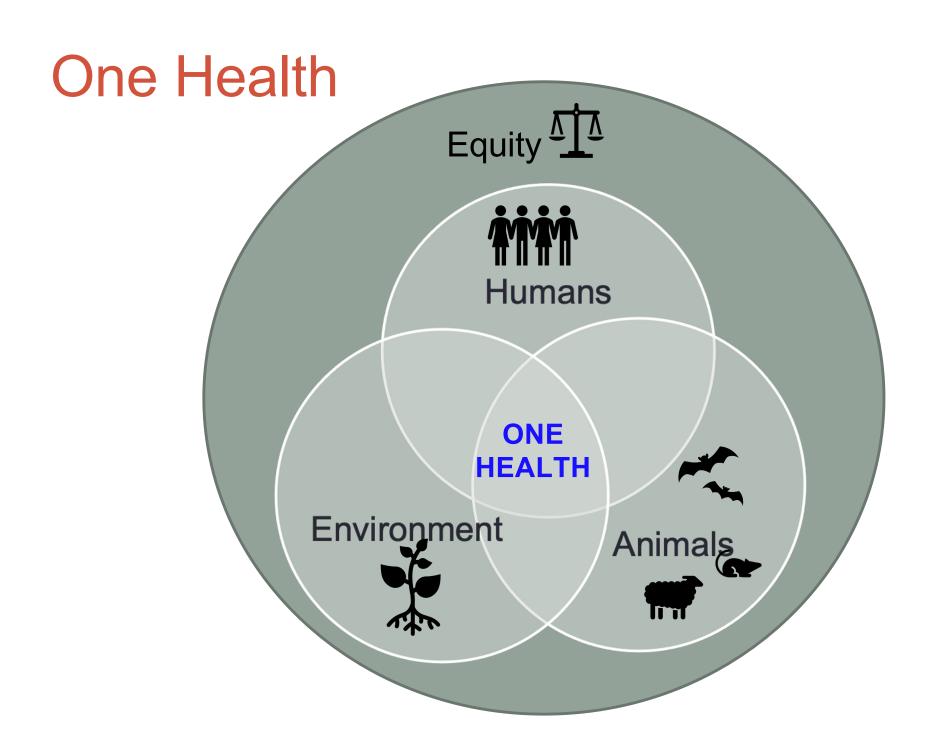
## Climate Change (Direct Effects)

Climate Change is the Long-term alteration of temperature and typical weather patterns in a place

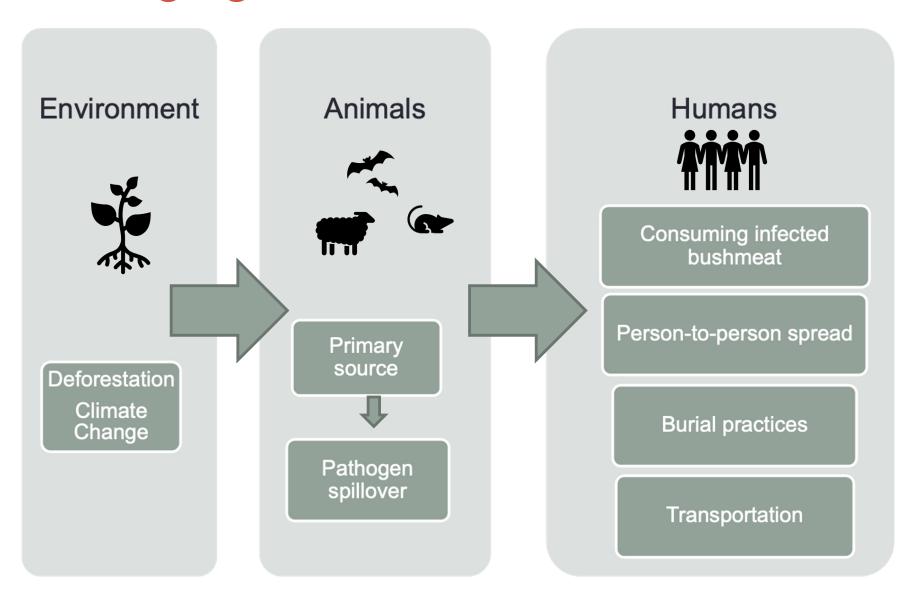


### Climate Change (Indirect Effects)

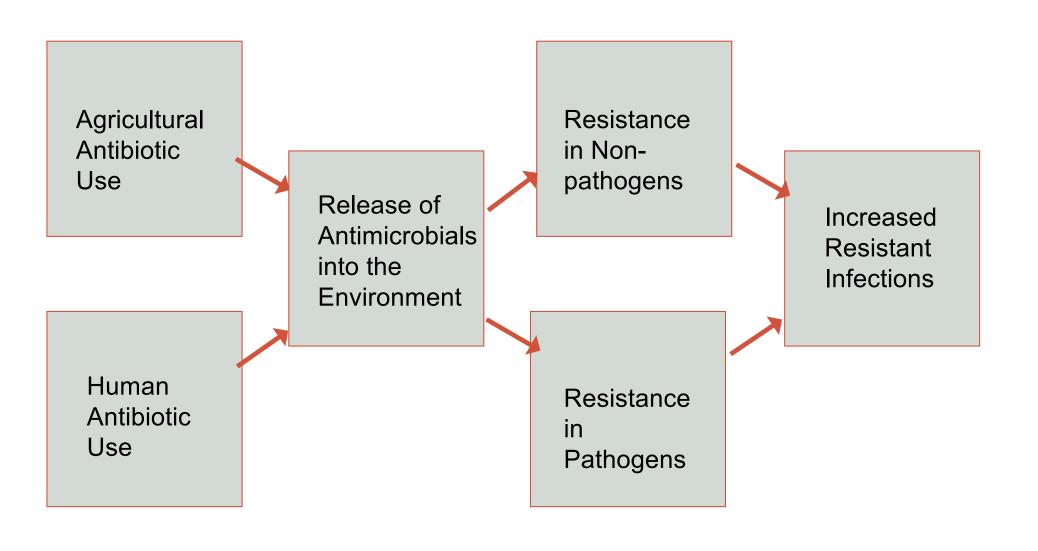




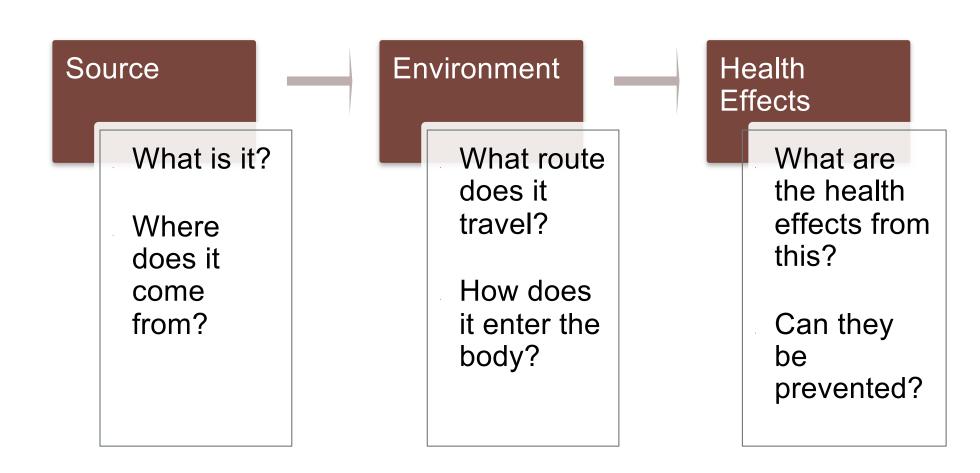
### Emerging Infectious Diseases: EBOLA



### One Health and Antibiotic Resistance



# Environmental Health Pathway: Classic Three Box Model



# Environmental Health Pathway: Example of Lead Poisoning

#### Source

- Lead is the contaminant.
- Lead comes from old water pipes.

#### Environment

It leaves the pipes and enters the drinking water.

People ingest the water.

#### Health Effects

- Health effects can be poor neurodevelop ment in children.
- It can be prevented.

# Environmental Health Pathway: Example of Lead Poisoning

#### Source

- Lead is the contaminant.
- Lead comes from old water pipes.

#### Environment

- It leaves the pipes and enters the drinking water.
- People ingest the water.

#### **Health Effects**

- Health effects can be poor neuro-development in children.
- It's preventable.
- Higher rates of cavities



### **Environmental Justice**



Everyone has the right to equal environmental protection under the law - to live, work and play in communities that have safe and healthy living conditions.

# Was there Environmental Injustice in Flint?



Who was the population?

Who made decisions?

Who was affected? How?

### Global Initiatives

#### **UN Sustainable Development Summit 2015**

17 Sustainable Development Goals

(5 linked to the environment and health)



SDG7: Affordable clean energy

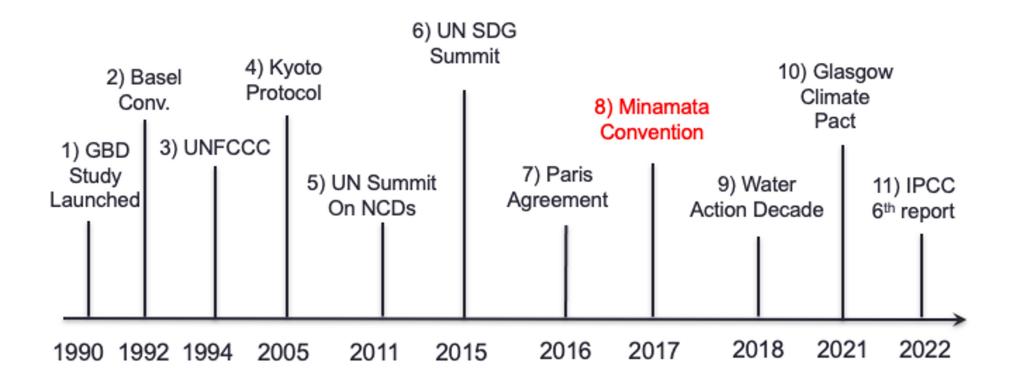
SDG13: Climate action

SDG14: Life below water

SDG15: Life on land



### Global Climate Initiatives Timeline



Selected recent snapshots

Dates reflect when initiatives entered into force

### Minamata Convention on Mercury



Directly relates to the practice of dentistry

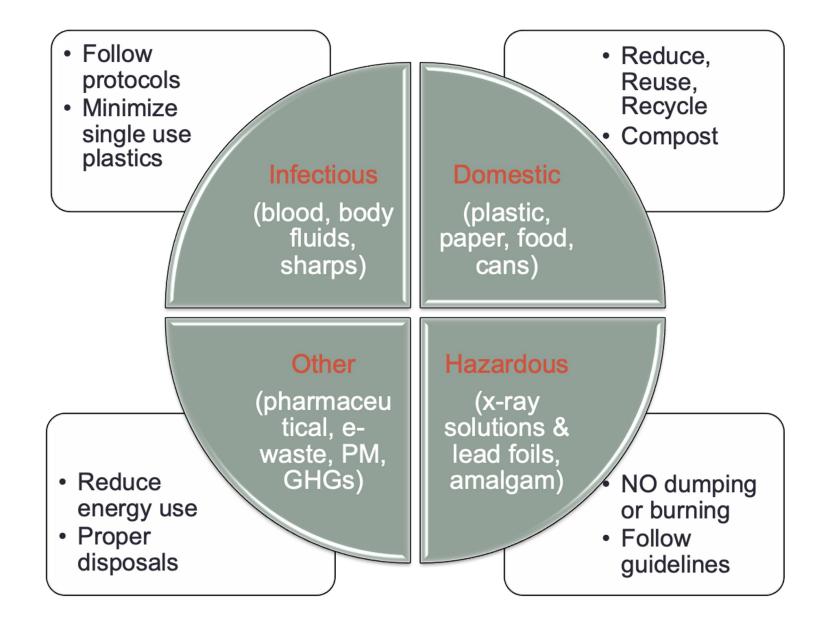
Calls for "Phase Down" of dental amalgam use

FDI World Dental Federation key action areas:

- prevention of dental caries
- research into alternative restorative materials
- amalgam waste management

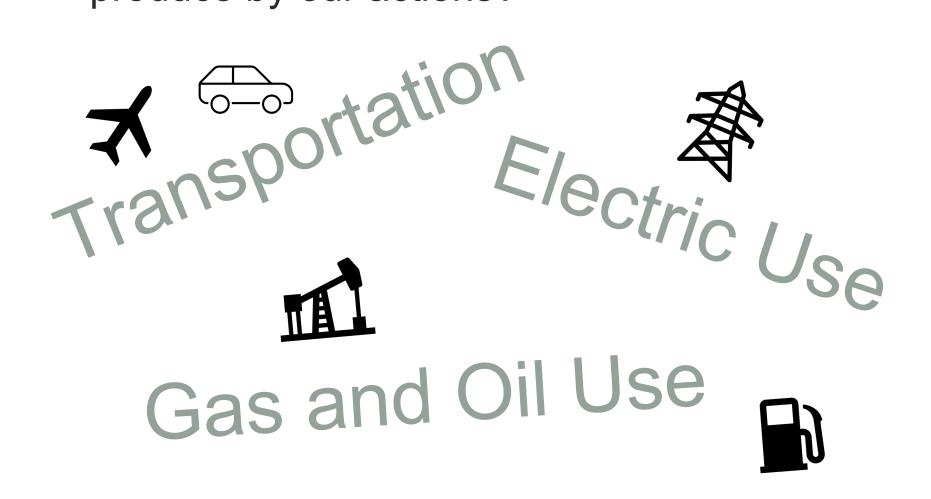
Action!

### **Action! Waste Mitigation**

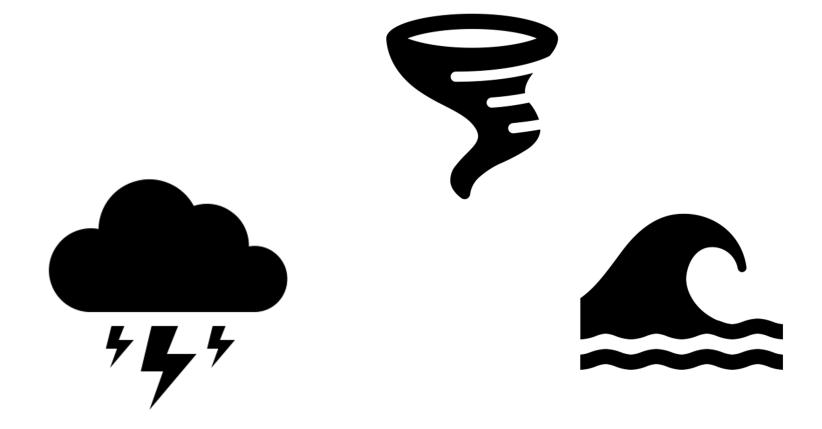


## **Action! Carbon Footprint**

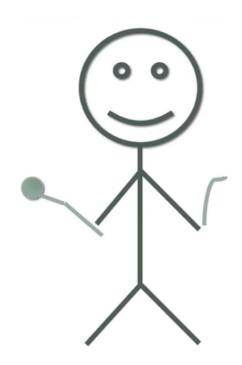
What is the total amount of greenhouse gases we produce by our actions?



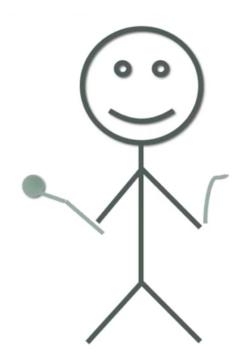
## **Action! Prepare**



## 60-SECOND WRAP UP





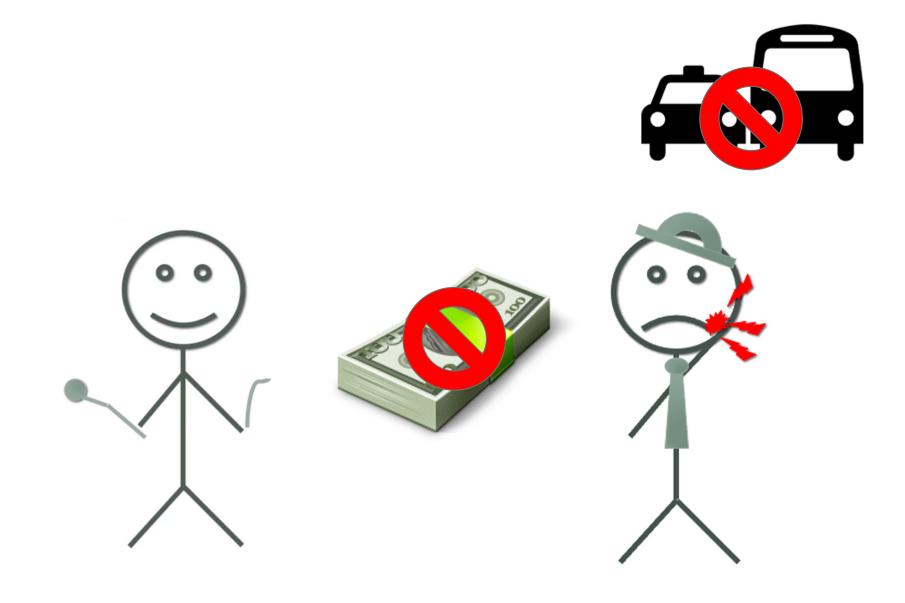














#### Global Health Starter Kit for Dental Education



# To continue learning, please check out our other modules:

**Module 1: Global Trends** 

**Module 2: Global Goals** 

Module 3: Back to Basics - Primary Care

**Module 4: Social Determinants and Risks** 

**Module 5: Ethics and Sustainability** 

Module 7: Covid-19

#### Global Health Starter Kit for Dental Education



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### THANK YOU!