What is an HbA1c test?

HbA1c test is a simple blood test that measures your average blood sugar over the past 3 months

Below 5.7%
Normal

6.5% or above
Diabetes

Prediabetes
5.7-6.4%

If you have diabetes, try to work towards a HbA1c < 7% to safely get dental treatment!

Created by Sophia Yan '23
DMD Candidate, Harvard School of Dental Medicine

Scan me for resources & to learn more!