

#### GLOBAL HEALTH STARTER KIT FOR DENTAL EDUCATION

Module 3: Back to Basics-Primary Care

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### Competencies:

- 1.2.2. Identify and describe common (social) determinants of oral disease.
- 1.2.3. Identify and describe reciprocal links among oral disease, systemic diseases, and general health.
- 2.1.3. Promote general oral hygiene knowledge and skills, including tooth brushing twice a day with fluoride toothpaste and cleaning between the teeth.
- 2.1.4. Promote and apply other appropriate fluoride interventions.
- 2.1.6. Promote essential oral health knowledge and skills for expectant mothers and parents to enable appropriate self-care and care for their children.
- 2.1.7. Educate, counsel, recognize, and act on the links between oral health/disease and systemic health/disease.
- 3.3.2 Demonstrate leadership in providing information, education, and planning for oral health to non-dental professionals and community members.



### Learning Objectives

By the end of this module, students should be able to do the following:

- Explain why is there a continued interest in primary care since the original Alma Ata
- Define how primary care can assist with successful health promotion and disease prevention, including oral diseases
- Describe how can primary care can be designed to meet current and emerging global health needs, including through workforce design and development
- Discuss how oral health care and primary care services can be integrated



### Warm Up: Draw Me an Answer

What is primary care?

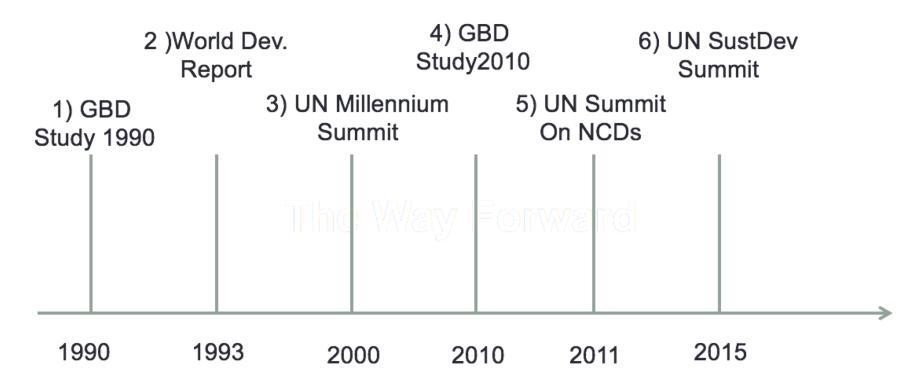
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#### World Development, Narrowing the Focus:





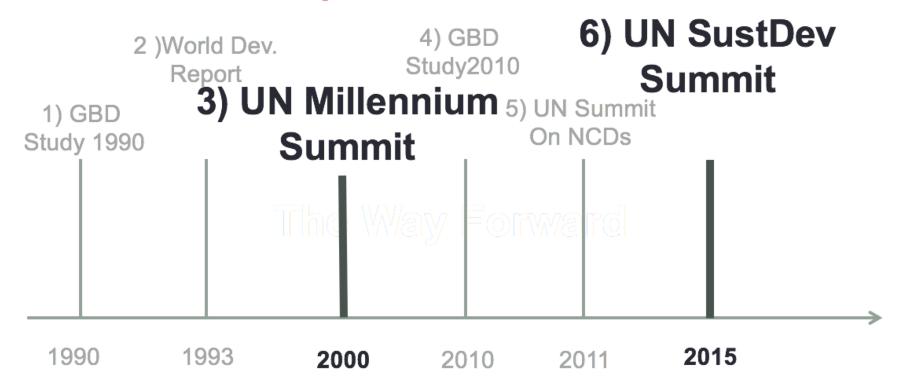
### World Development Timeline:



Selected Recent Snapshots



### World Development Timeline:



The Global Goals







#### Eradicate extreme poverty and hunger

- Toothache, dental infection and toothlessness lead to mal- and under-nutrition.
- Poor people are significantly affected by expenditure on dental care.
- Dental problems lead to days missed from work and subsequent loss of income.



#### Achieve universal primary education

- Dental problems can result in days missed at school.
- Toothache has an impact on a child's concentration, sleep, and school performance.



#### Promote gender equality and empower women

- Mothers need to know about basic oral hygiene and healthy diet for their children.
- As women live longer there is a need to embrace good oral health throughout life.



#### Reduce child mortality

 Dental infection, noma and harmful traditional practices can lead to death.



#### Improve maternal health

- Poor maternal oral health may impact on delivery and birth weight as well as on child oral health.
- · Poor maternal oral health negatively impacts on child oral health.



#### Combat HIV/AIDS, malaria and other diseases

- There is a link between HIV/AIDS and oral health, and oral problems can be an early indicator of infection.
- Dental decay is the most frequent childhood disease.
- Proper cross-infection control is necessary to avoid transmission of diseases during dental treatment.



#### Ensure environmental sustainability

 In oral health care this involves using appropriate technology, effective infection control and safe disposal of medical waste.



#### Develop a global partnership for development

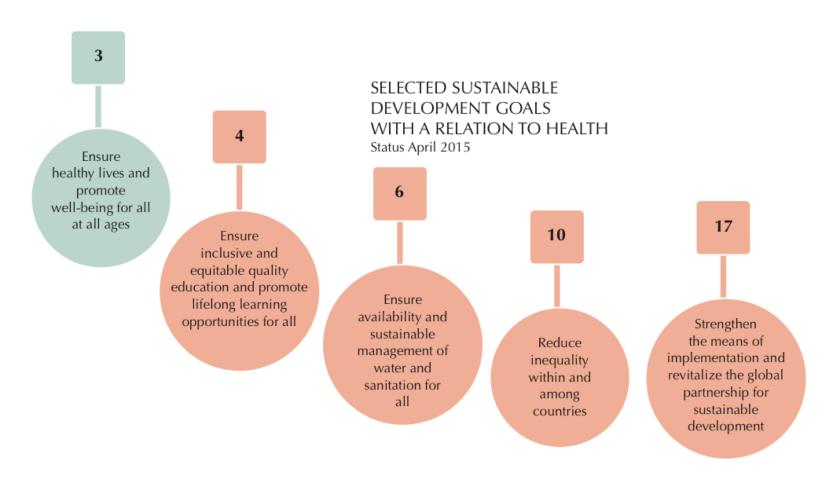
- This involves partnerships promoting oral health among key stakeholders.
- Access to essential medicines, basic oral care and prevention through fluoride are all important.

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#### Oral Health and Overall Health:



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### Oral Health and Health Care Costs



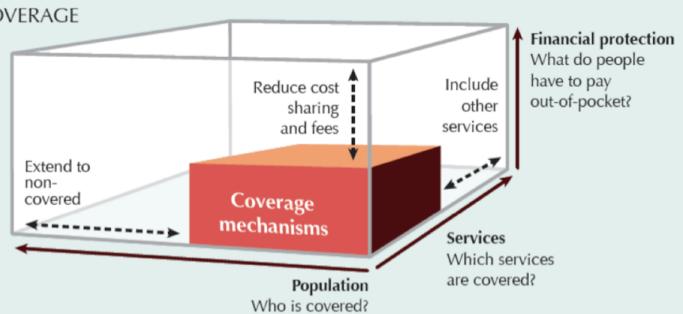


### Universal Health Coverage

#### TOWARDS UNIVERSAL COVERAGE

Universal health coverage aims at:

- 'Health for All' reaching people with healthcare services who are not currently served
- Including as many services as possible, but at least basic primary care
- Reducing cost sharing and fees, providing maximum financial protection



From The Challenge of Oral Disease – A call for global action by FDI World Dental Federation. Maps and graphics © Myriad Editions 2015

#### Levels of Care



**DEMAND** 

COST

Tertiary Level:
District and teaching hospitals

Secondary Level: Community, regional hospitals

Primary Level:

Primary and community health centers

Prevention, Health Promotion



#### Primary Care: Declaration of Alma-Ata

#### Key messages from the event:

- Defined health as a state of <u>complete physical</u>, <u>mental</u>, and <u>social wellbeing</u>, not merely the absence of disease
- Health is a <u>human right</u> and primary care is essential for this right to social justice and to ensure universal access to care for all
- Action for health and health equity must be <u>multi</u> <u>sectoral</u> and not just the responsibility of the health sector



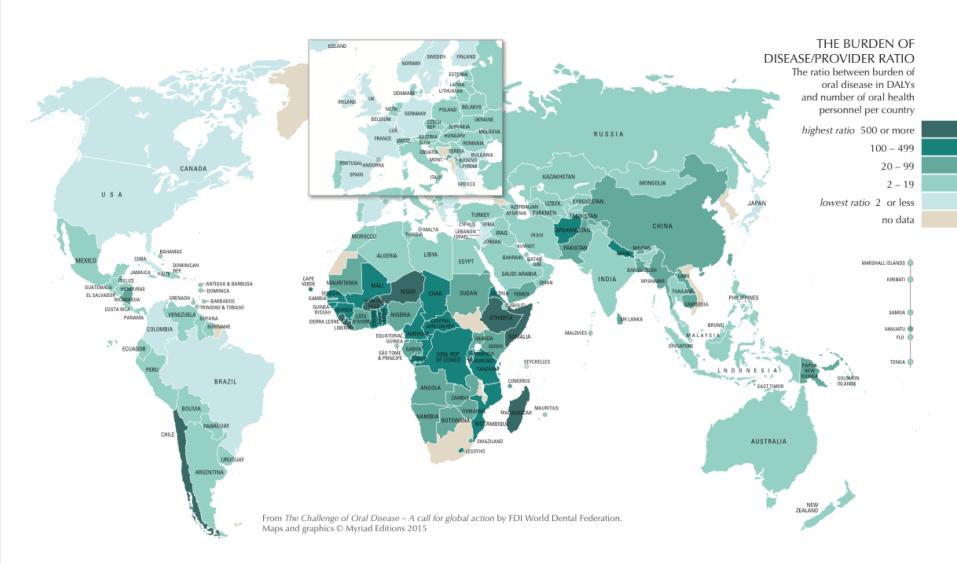
#### Primary Care: Declaration of Alma-Ata

#### Key aspects of primary care:

- Total health vs. priority diseases
- Balances <u>preventive and curative</u> measures; prevention and fundamental causes vs. strictly curative
- Ongoing personal <u>patient-provider relationship</u>
   vs. fragmented and limited interactions
- Health of community members over their <u>life</u>
   <u>cycle</u> and understanding disease <u>determinants</u>

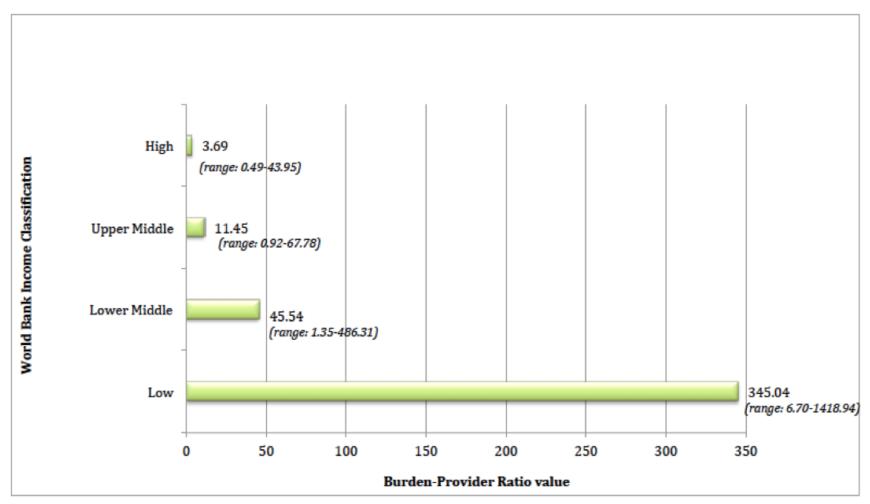
# Why primary care?





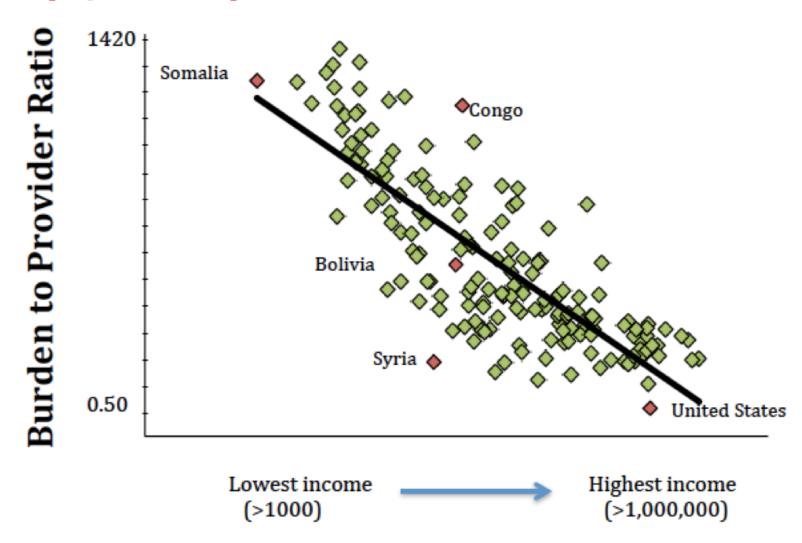
# Why primary care?





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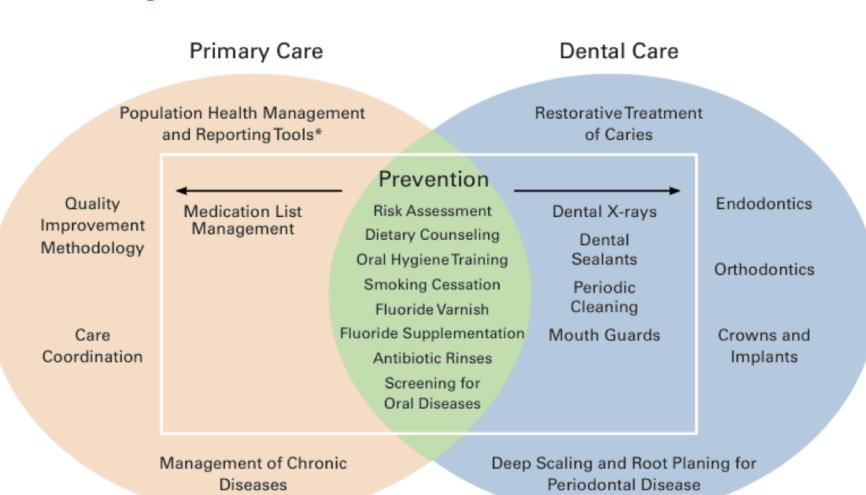
### Why primary care?



Gross Domestic Product (\$U.S. millions)

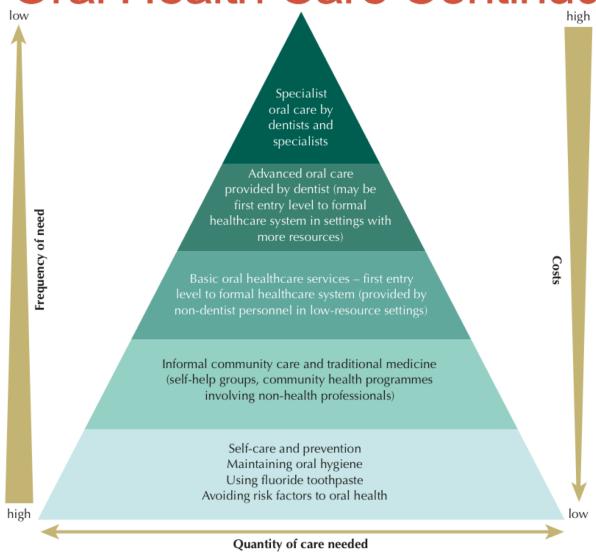


### Primary Care and Oral Health



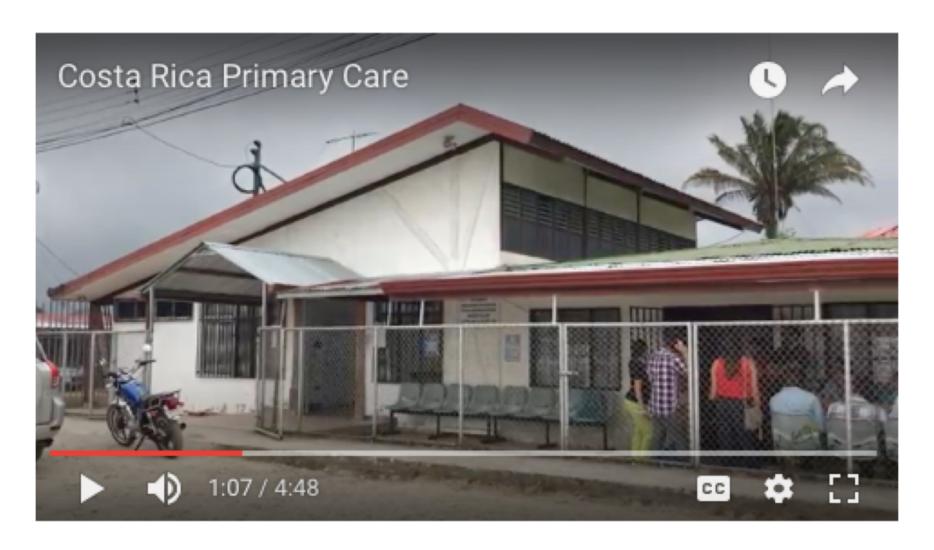


#### The Oral Health Care Continuum





### Costa Rica- a global example







# To continue learning, please check out our other modules:

**Module 1: Global Trends** 

Module 2: Global Goals

**Module 4: Social Determinants and Risks** 

Module 5: Ethics and Sustainability

#### Global Health Starter Kit for Dental Education



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