



Dear New Harvard Student:

Welcome to Harvard! It is my pleasure to introduce you to Harvard University Health Services (HUHS). Good health is of the utmost importance in maintaining good academic standing and quality of life, and we strive to support you in all aspects of your health during your time at Harvard. All students have access to HUHS and we encourage you to visit the [HUHS website](#) to learn more about the wide range of services we offer, including:

- Primary care
- Medical and surgical specialties
- Counseling and mental health
- Urgent care

Massachusetts has strict immunization requirements that you must meet in order to register for classes. Immunizations help protect you from illnesses and contribute to the overall wellbeing of our community. We encourage you to receive any required immunizations before you arrive at Harvard, as many private health plans will cover the cost. If you are unable to obtain these prior to your arrival on campus, you may arrange to get immunizations at various locations in the area, including HUHS. Please note that your health plan may not cover immunizations you receive at HUHS, in which case you will be responsible for the cost of the immunizations.

Please visit huhs.harvard.edu/forms for additional information and to download the medical forms that you must complete and submit by June 14, 2019 for the fall term and January 6, 2020 for the spring term.

We hope that you come to see Harvard University Health Services as your wellness center, and a place to visit when you need care.

Wishing you the best of health,

A handwritten signature in black ink that reads "Paul J. Barreira, M.D." The signature is written in a cursive style.

Paul J. Barreira, MD
Director, Harvard University Health Services
Henry K. Oliver Professor of Hygiene

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REQUIRED STUDENT HEALTH INSURANCE

hushp.harvard.edu

- Massachusetts law requires that all registered students have adequate health insurance coverage. The Harvard University Student Health Program (HUSHP) meets both this requirement and the requirements of the Affordable Care Act. All Harvard students are automatically enrolled in and charged for HUSHP.
- Students with comparable health insurance may be eligible to waive the Student Health Insurance Plan portion of the program. The online waiver will be available May 1, 2019.
- Waivers must be completed online at hushp.harvard.edu prior to the July 31, 2019 deadline, or the charges will remain on your bill. Even if you waive the Student Health Insurance Plan, you will still have access to Harvard University Health Services through the Student Health Fee.

REQUIRED IMMUNIZATION AND MEDICAL FORMS DUE BY
JUNE 14, 2019 FOR THE FALL TERM AND JANUARY 6, 2020 FOR THE SPRING TERM.

Time-sensitive forms and information can be found at huhs.harvard.edu. Compliance with Massachusetts immunization regulations is a registration requirement. To register for the 2019-2020 academic year, you must provide a complete immunization history, including three Hepatitis B (Hep B), two Measles, Mumps and Rubella (MMR), two Varicella, one Tetanus, Diphtheria and Acellular Pertussis (Tdap), and one Meningococcal immunization. See forms for specific requirements. Upload to the [HUHS Patient Portal](#) by June 14, 2019 for the fall term and January 6, 2020 for the spring term.

NOTE: Measles, Mumps and Rubella (MMR) immunizations require a series of two injections at least 30 days apart. Hepatitis B immunizations require a series of three injections over a six-month period according to the Massachusetts schedule: 30 days between the first and second dose; the third dose must be at least two months (56 days) after the second dose, and at least four months after the first dose. Varicella immunizations require a series of two injections at least 30 days apart. New students who are not yet immunized against MMR, Hepatitis B, or Varicella are expected to complete at least one injection prior to registration. Harvard University's Tdap requirements are more stringent than the Massachusetts Department of Public Health's requirement of 1 TDAP in a lifetime and TD every 10 years. Harvard University requires 1 TDAP after 1/1/2010.

Please contact your school representative with any questions.

SCHOOL	TELEPHONE	FAX
Harvard College (undergraduates)	(617) 496-9917	(617) 495-8077
Graduate School of Arts & Sciences (GSAS)	(617) 495-2053	(617) 495-8077
Government, Education	(617) 496-1622	(617) 495-8077
School of Public Health, Divinity, Design, ART	(617) 496-1627	(617) 495-8077
Medical, Dental, Public Health	(617) 432-1370	(617) 432-7120
Law	(617) 495-4414	(617) 495-8090
Business	(617) 495-6455	(617) 495-8079

Contact HUHS Health Information Services/Medical Records at mrecords@huhs.harvard.edu